

Appendices

Metric Equivalents

Measurements			
EQUIVALENTS		ABBREVIATIONS AND SYMBOLS	
LENGTH	meter		meter = m
	1 meter	= 10 decimeters	decimeter = dm
	1 meter	= 100 centimeters	centimeter = cm
	1 meter	= 1000 millimeters	millimeter = mm
	1000 meter	= 1 kilometer	kilometer = km
VOLUME AND CAPACITY	liter		liter = L
	1 liter	= 10 deciliters	deciliter = dL
	1 liter	= 100 centiliters	centiliter = cL
	1 liter	= 1000 milliliters	milliliter = mL
	1000 liter	= 1 kiloliter	kiloliter = kL
	1 cubic centimeter	= 1 milliliter	cubic centimeter = cc
1000 cubic centimeters	= 1 liter		
WEIGHT	gram		gram = g
	1 gram	= 10 decigrams	decigram = dg
	1 gram	= 100 centigrams	centigram = cg
	1 gram	= 1000 milligrams	milligram = mg
	1000 gram	= 1 kilogram	kilogram = kg
TEMPERATURE	degree		degree = °
		F	C
	boiling point of water	212°	100°
	normal body temperature	98.6°	37°
freezing point of water	32°	0°	Fahrenheit = F

Metric Conversions

$\div 1000$	$\div 100$	$\div 10$	$\leftarrow \quad \rightarrow$	$\times 10$	$\times 100$	$\times 1000$
1 kiloliter (kL)	1 hectoliter (hL)	1 dekaliter (daL)	1 liter L	1 deciliter (dL)	1 centiliter (cL)	1 milliliter (mL)
1 kilometer (km)	1 hectometer (hm)	1 dekameter (dam)	1 meter M	1 decimeter (dm)	1 centimeter (cm)	1 millimeter (mm)
1 kilogram (kg)	1 hectogram (hg)	1 dekagram (dag)	1 gram G	1 decigram (dg)	1 centigram (cg)	1 milligram (mg)

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